



After School Karate

Our classes are safe, fun and empowering!

Sponsored by Destination Paris

- * Discipline
- * Self Defense
- * Respect
- * Confidence
- * Focus
- * Physical Fitness

Wednesdays 2:30 - 3:30 PM

Paris Elementary School Gym

FALL START DATE: SEPTEMBER 13

Karate Program runs September 13 - June 6

**Returning Karate Students...Monthly payment of \$40 Includes:
After-School Karate Classes and a Healthy Snack Every Week.**

Kids who are members of Destination Paris can attend Karate as part of their after school enrichment.
All karate students will be dismissed directly to the gym on Wednesdays.
Supervision provided ONLY for DP kids until 5:30 pm.

**New Student Package...3 Monthly Payments of \$50 includes:
Karate Uniform, 3-Months After-School Karate, and a Healthy Snack.**

\$5 discount for each additional household family member.

Online Registration and Payments Accepted at www.bkdfitness.com

Find out More! bkdfitness@gmail.com 627-7170

Checks payable to BKD. Mail registration to: PO Box 565, Casco, ME 04015

Child Name _____ Parent Name _____

Address _____ Town _____ Zip _____

Phone 1 _____ Phone 2 _____ Date of Birth _____

Email _____ Health information _____

Age _____ Grade _____ Teacher Name _____

Liability Waiver and Medical Release: I _____ hereby release Destination Paris, it's employees, agents, officers and volunteers from any liability claims, demands or suits for property damage, personal injury or death, which could arise out of the course of participating in this program. I understand that this activity involves physical exercise and perhaps a health risk and I will release Destination Paris from any claims. I also grant permission for emergency medical attention should I not be able to be reached at the telephone numbers provided. I grant permission to Destination Paris to use photos from their programs in any and all publications or promotions without payment or consideration. Names will not be used in conjunction with the photos unless other permission is granted.

Signature _____ Date _____

I _____ hereby release Bushido Karate Dojo, it's employees, agents, officers and volunteers from any liability claims, demands or suits for property damage, personal injury or death, which could arise out of the course of participating in this program. I understand that this activity involves physical exercise and perhaps a health risk and I will release BKD from any claims.

Signature _____