



# Bushido Karate Dojo

*Our classes are safe, fun and empowering!*

## **Kids After School Karate**

Sponsored by Raymond Recreation Association

- |                |              |                    |
|----------------|--------------|--------------------|
| * Discipline   | * Respect    | * Focus            |
| * Self Defense | * Confidence | * Physical Fitness |

### **Wednesdays 12:45 – 1:45 PM Raymond Elementary School Gym**

**New Students Join Us: September 13, December 13, and March 14**

Instructors are on site for dismissal to the gym. School Program runs September 13 - June 6

Returning Karate Students...Monthly payment of \$40 Includes:  
After-School Karate Classes and a Healthy Snack Every Week.

New Student Package...3 Monthly Payments of \$50 includes:  
Karate Uniform, 3-Months After-School Karate, and a Healthy Snack Every Week.

\$5 discount for each additional household family member.

**Online Registration and Payments Accepted.**

**Find out More at [www.bkdfitness.com](http://www.bkdfitness.com)**

Call Renshi Lisa: 627-7170

Email: [bkdfitness@gmail.com](mailto:bkdfitness@gmail.com)

Raymond Karate Registration: Mail to BKD, PO Box 565, Casco, ME 04015

Name \_\_\_\_\_ Parent Name \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email \_\_\_\_\_ Health information \_\_\_\_\_

Age \_\_\_\_\_ Clothing Size \_\_\_\_\_

**Liability Waiver and Medical Release:** I \_\_\_\_\_ hereby release Bushido Karate Dojo, the Town of Raymond, their employees, agents, officers and volunteers from any liability claims, demands or suits for property damage, personal injury or death, which could arise out of the course of participating in this program. I understand that this activity involves physical exercise and perhaps a health risk and I will release BKD and the Town of Raymond from any claims. I also grant permission for emergency medical attention should I not be able to be reached at the telephone numbers provided. I grant permission to Bushido Karate Dojo to use photos from their programs in any and all publications or promotions without payment or consideration. Names will not be used in conjunction with the photos unless other permission is granted.

Signature \_\_\_\_\_ Date \_\_\_\_\_